



Stronger Together: Surgeon and Therapist Collaboration in Shoulder and Elbow Care: A Collaboration between ASES and ASSET

“The Not-So-Straightforward”

Moderators: Michael T. Freehill, MD, Matthew Zens, DPT, SCS, ATC

Faculty: Ryan Lohre, MD, Jacob Kirsch, MD

Aaron Sciascia, PhD, ATC, PES, SMTC, FASSET, Joseph Kearns, PT, DPT

Thursday, October 16th, 2025 | 10:10 am – 11:25 am

10:10 am Welcome and Introduction

Michael T. Freehill, MD, Matthew Zens, DPT, SCS, ATC

10:13 am Scapular Dyskinesia

Ortho – Pectoralis Minor Driven Scapulothoracic Abnormal

Motion: *Ryan Lohre, MD*

PT (Non-Op) – How to Rehab It, Timelines of Rehabbing It

Before Back to Ortho: *Aaron Sciascia, PhD, ATC, PES, SMTC, FASSET*

Ortho – Recalcitrant Symptoms – Pec Minor Release:

Ryan Lohre, MD

PT – Rehabbing Post-Op:

Aaron Sciascia, PhD, ATC, PES, SMTC, FASSET

10:42 am Discussion

10:48 am Massive Cuff Tear – Needs Lower Trap

Ortho – Massive Rotator Cuff Tear: *Jacob Kirsch, MD*

PT (Non-Op) – Massive Cuff, Timelines of Rehabbing It Before
Back to Ortho: *Joseph Kearns, PT, DPT*

Ortho – Lower Trapezius Transfer: *Jacob Kirsch, MD*

PT – Rehabbing Post-Op: *Joseph Kearns, PT, DPT*

11:17 am Discussion